

BENEFITS OF INPATIENT TREATMENT

DAILY ASSESSMENT of influences of medication upon condition and function.

AVAILABILITY of a variety of aids, assistive devices and equipment to demonstrate abilities.

PROVIDES family and caregiver with relief and new perspectives on patient management.

24-HOUR MONITORING of endurance, activity and behavior pattern by skilled personnel.

PATIENT RECEIVES at least 15 hours of therapies weekly in addition to nursing therapy (bowel and bladder training, skin management, medication management, and diet management).

FULL INTERDISCIPLINARY MEETINGS weekly to discuss specifics of treatment, progress and plans for each patient.

SKILLED, EXPERIENCED PERSONNEL to assist with problem solving in a controlled teaching environment. These unresolved problems are often causes of failed home placement.

PROVIDES TRAINING for caregivers and families to assist the patient.

ASSISTANCE IN PLACEMENT and/or upgrading home function.

DISCHARGE OUTCOMES

Our records show 75% of our patients are discharged to their home or to a community setting.

ADDITIONAL SUPPORT

Family accommodations can be made upon request.

THE MISSION OF CONFLUENCE HEALTH

We are dedicated to improving our patients' health by providing safe, high-quality care in a compassionate and cost-effective manner.

OUR ORGANIZATION

is also committed to assisting in the development of one of the nation's best rural health care delivery systems.

CONFLUENCE HEALTH REHABILITATION CENTER

is proud to offer comprehensive medical rehabilitation services to the urban and rural communities of the Northwest.

For further program information or for a tour, please contact our:

Rehab Admissions Coordinator at:
509.881.0509

You may fax referrals to:
509.664.4804



2021

Confluence Health

Wenatchee Valley
Hospital & Clinics

Rehabilitation Center

ANNUAL REPORT



Wenatchee Valley Hospital & Clinics
820 N. Chelan Ave.
Wenatchee, WA 98801
509.663.8711

THE REHABILITATION CENTER was established in Wenatchee in 1998 and the unit is licensed for 9 beds. In 2002, the Rehab Center was accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and has been recertified every 3 years thereafter. In 2014 the Rehabilitation Center became Stroke certified and is also a Trauma Level II Rehabilitation facility.

Other services of Confluence Health support the Rehabilitation Center. These services include the Walk-In Clinic, Medical/Surgical Unit, Surgery Center, X-ray, Laboratory, and Physician Specialty Clinic. Physical Therapy, Occupational Therapy and Speech Pathology all provide outpatient services in addition to inpatient services.

REHABILITATION SERVICES

MEDICAL AND REHABILITATION CARE is provided under the direction of a **Physiatrist**, which is a physician specializing in Physical Medicine and Rehabilitation. Certified Rehabilitation Registered Nurses provide on-going daily care.

GENERAL REHABILITATION GOALS

- 1 Improve walking skills and transfers
- 2 Increase dressing and bathing independence
- 3 Improve bladder and bowel control
- 4 Increase problem-solving skills
- 5 Improve eating/swallowing function
- 6 Provide family/caregiver training

INTERDISCIPLINARY TEAM

AN INTERDISCIPLINARY TEAM works in conjunction with the person served and their family to develop patient-centered care management programs. A highly trained team of health care professionals consisting of:

Physiatry	Dietitian
Physical Therapy	Pharmacist
Occupational Therapy	Social Services
Speech Therapy	Psychologist
Recreational Therapy	Other services
Rehabilitation Nursing	<i>(as needed to achieve optimum outcomes.)</i>

Persons with medical and/or physical impairments which limit their ability to function at home or in the community, at school, work, or play will benefit from participation in this specialized program.

PATIENT COMMENTS

“Every employee treated me like family and helped me thru my recovery to the best of their ability. And I will never forget any of them. This was the best facility I have been a patient in. WVH Rehab services has a great team of employees.”

“I have been blessed to receive the care, understanding, encouragement, motivation from all the therapists also during my stay. The entire staff here is more that remarkable. Your professionalism is outstanding.”

“Thanks to the therapists, doctors and nurses who helped me remember who I am - not an invalid. They concentrated on things I could do not the things I couldn't.”

“Learned so much. Appreciated everyone's knowledge and patience. Made me feel comfortable and people had a great sense of humor, which helped me feel more at ease. Thank you all so much for helping me make it home!”

TYPES OF PATIENTS SERVED IN 2021 PERCENTAGE OF CASES

- 51.7** Patients who have had a Stroke
- 6.8** Patients who have Neurological Conditions
- 11** Patients with Brain Injury
- 3.6** Patients with Orthopedic Condition
- 2.5** Patients with Spinal Cord Injury
- 1.6** Patients with Debility
- 11** Patients who had Amputations
- 0.8** Patient with Cardiac Condition
- 0.8** Patient with Multiple Trauma
- 10.2** Other

118 PATIENTS WERE ADMITTED TO OUR FACILITY DURING 2021.

16.1% UNPLANNED PATIENT TRANSFER RATE (REGIONAL RATE 7.7%, NATIONAL 9.7%)

2021 TOTALS	PATIENTS WHO HAVE HAD A STROKE			
	PATIENTS WHO HAVE HAD A STROKE	PATIENTS WHO HAVE NEUROLOGICAL CONDITIONS	PATIENTS WITH BRAIN INJURY	PATIENTS WITH SPINAL CORD INJURY
Average Age	69	71	66	59
Phys. Therapy (hrs/day)	1.5	1.5	1.5	1.5
Occ. Therapy (hrs/day)	1.5	1.5	1.5	1.5
Speech Therapy (hrs/day)	1.5	1.5	1.5	1.5
Days stayed	13.6	16	8	10