



Our Goal:

To help you and your family obtain the skills needed to surpass current and future challenges.



BEHAVIORAL HEALTH

Wenatchee Outpatient Services

Mental healthcare for you and your loved ones.

Welcome

Finding the right fit in a behavioral health provider is critical. At Behavioral Health Services, you'll find licensed, trained professionals who are caring, highly-skilled, and compassionate to your needs.

Our Focus

Good mental health can increase productivity, improve relationships, enhance your ability to cope with life's challenges, and lead to an improved quality of life. We provide high-quality, evidence-based behavioral health services which focus on improving your skills and enhancing your capacity to experience life in a positive manner. Our behavioral health providers partner with you, your primary care provider, and other outside agencies, as appropriate, to ensure that we are providing you with the support you need.

To Make an Appointment:

Please contact
Behavioral Health Services at:

p: 509.436.4104

f: 509.667.3651

Resources:

North Central Washington Crisis Line

p: 1.800.852.2923

We take most insurances. If you have any questions regarding your insurance coverage please contact your insurance company.

Call to make an appointment or request an appt through your primary care provider.



confluencehealth.org

Our Services

Behavioral health services are a collaborative process which may include working with both a therapist and a prescriber on your care team. A therapist provides counseling services which focus on specific thought processes, behaviors, and emotions. A prescriber focuses on medications which target specific symptoms, as well as providing some brief, solution-focused counseling.

We provide behavioral health services to adults, children, adolescents, and families including:

- **Diagnostic evaluations**
- **Medication evaluations and management**
- **Individual, family, and group counseling services.**

Our staff are trained in a variety of evidence-based practices and work with you to develop and implement treatment plans that are tailored to your individual needs.

For more information and for a complete list of our Behavioral Health providers, please visit our website at: confluencehealth.org



What to expect from your first appointment

When you arrive for your appointment, you will be asked to complete some forms so we can better understand your needs. You will meet with a provider who will ask you questions to determine how best to serve your needs.

An initial care plan will be developed by you and your provider at this meeting. This new patient appointment should take 45-60 minutes.



Find Us

Wenatchee Valley Hospital & Clinics Behavioral Health Outpatient Services

- 1** Mares Building, Basement Level
820 N. Chelan Ave.
Wenatchee, WA 98801
- 2** 630 N. Chelan Ave., Suite A7
Wenatchee, WA 98801
- 3** 630 N. Chelan Ave., Suite B7
Wenatchee, WA 98801

