# **BENEFITS OF INPATIENT TREATMENT**

DAILY ASSESSMENT of influences of medication upon condition and function.

**AVAILABILITY** of a variety of aids, assistive devices and equipment to demonstrate abilities.

**PROVIDES** family and caregiver with relief and new perspectives on patient management.

**24-HOUR MONITORING** of endurance, activity and behavior pattern by skilled personnel.

**PATIENT RECEIVES** at least 15 hours of therapies weekly in addition to nursing therapy (bowel and bladder training, skin management, medication management, and diet management).

FULL INTERDISCIPLINARY MEETINGS

weekly to discuss specifics of treatment, progress and plans for each patient.

#### SKILLED, EXPERIENCED PERSONNEL

to assist with problem solving in a controlled teaching environment. These unresolved problems are often causes of failed home placement.

**PROVIDES TRAINING** for caregivers and families to assist the patient.

**ASSISTANCE IN PLACEMENT** and/ or upgrading home function.

### **DISCHARGE OUTCOMES**

Our records show 75% of our patients are discharged to their home or to a community setting.

### **ADDITIONAL SUPPORT**

Family accommodations are available under special arrangements with local hotels. Meals may also be available for family members who live out of town

### THE MISSION OF **CONFLUENCE HEALTH**

We are dedicated to improving our patients' health by providing safe, high-quality care in a compassionate and cost-effective manner.

### **OUR ORGANIZATION**

is also committed to assisting in the development of one of the nation's best rural health care delivery systems.

## **CONFLUENCE HEALTH REHABILITATION CENTER**

is proud to offer comprehensive medical rehabilitation services to the urban and rural communities of the Northwest.

For further program information or for a tour, please contact our:

**Rehab Admissions Coordinator at:** 509.881.0509

> You may fax referrals to: 509.664.4804

Confluence Wenatchee, WA 509.663.8711



#### **Confluence Health**

Wenatchee Valley **Hospital & Clinics** 

> **Rehabilitation** Center



Wenatchee Valley Hospital & Clinics 820 N. Chelan Ave.

### THE REHABILITATION CENTER was

established in Wenatchee in 1998 and the unit is licensed for 9 beds. In 2002, the Rehab Center was accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and has been recertified every 3 years thereafter. In 2014 the Rehabilitation Center became Stroke certified and is also a Trauma Level II Rehabilitation facility.

Other services of Confluence Health support the Rehabilitation Center. These services include the Walk-In Clinic, Medical/Surgical Unit, Surgery Center, X-ray, Laboratory, and Physician Specialty Clinic. Physical Therapy, Occupational Therapy and Speech Pathology all provide outpatient services in addition to inpatient services.

# INTERDISCIPLINARY TEAM

#### AN INTERDISCIPLINARY TEAM works in

conjunction with the person served and their family to develop patient-centered care management programs. A highly trained team of health care professionals consisting of:

Physiatry	Dietitian
Physical Therapy	Pharmacist
Occupational Therapy	Social Services
Speech Therapy	Psychologist
Recreational Therapy	Other services
Rehabilitation Nursing	(as needed to achieve optimum outcomes.)

Persons with medical and/or physical impairments which limit their ability to function at home or in the community, at school, work, or play will benefit from participation in this specialized program.

# **PATIENT COMMENTS**

# **REHABILITATION SERVICES**

#### MEDICAL AND REHABILITATION CARE is

provided under the direction of a Physiatrist, which is a physician specializing in Physical Medicine and Rehabilitation. Certified Rehabilitation Registered Nurses provide on-going daily care.

#### **GENERAL REHABILITATION GOALS**

- 1 Improve walking skills and transfers
- 2 Increase dressing and bathing independence
- 3 Improve bladder and bowel control
- 4 Increase problem-solving skills
- 5 Improve eating/swallowing function
- 6 Provide family/caregiver training

The staff of these facilities are the heroes of our community. And they are not there for the recognition they deserve. They are there because they care and have good souls. They are a special kind of person. Wenatchee should be proud. Additional comments from specific questions: Never had pain, always asked by staff. These Therapists are awesome, they kept my spirits high and I reached my 2 week goal in 5 days. Very compassionate and professional. My heroes.

The nurses were excellent and aides kind and very helpful. I love their sense of humor. It is demeaning to have a patient repeatedly repeat "you can't teach an old dog new tricks." This old dog is learning new tricks.

The therapists are awesome. They are real good at keeping your spirits up. The best in the world!!

# TYPES OF PATIENTS SERVED IN 2020

- 80 Patients who have had a Stroke
- **7** Patients who have Neurological Conditions
- **18** Patients with Brain Injury
- 4 Patients with Orthopedic Condition
- 3 Patients with Spinal Cord Injury
- 5 Patients with Debility
- **10** Patients who had Amputations
  - Patient with Cardiac Condition
- 4 Patients with Multiple Trauma
- 0 Other

# **131** PATIENTS WERE ADMITTED TO OUR FACILITY DURING 2020.

2020 Totals	PATIENTS WHO HAVE HAD A STROKE	PATIENTS WHO HAVE NEUROLOGICAL CONDITIONS	PATIENTS WITH BRAIN INJURY	PATIENTS WITH SPINAL CORD INJURY
No. Admitted	80	7	18	3
Average Age	71	70	69	48
Sex (M/F)	55/45%	57/43%	55/45%	66/33%
Phys. Therapy	1.5	1.0	4.5	4.5
(hrs/day)	1.0	1.5	1.5	1.5
	1.5	1.5	1.5	1.5
(hrs/day) Occ. Therapy				