

## BENEFITS OF INPATIENT TREATMENT

**DAILY ASSESSMENT** of influences of medication upon condition and function.

**AVAILABILITY** of a variety of aids, assistive devices and equipment to demonstrate abilities.

**PROVIDES** family and caregiver with relief and new perspectives on patient management.

**24-HOUR MONITORING** of endurance, activity and behavior pattern by skilled personnel.

**PATIENT RECEIVES** at least 15 hours of therapies weekly in addition to nursing therapy (bowel and bladder training, skin management, medication management, and diet management).

**FULL INTERDISCIPLINARY MEETINGS** weekly to discuss specifics of treatment, progress and plans for each patient.

**SKILLED, EXPERIENCED PERSONNEL** to assist with problem solving in a controlled teaching environment. These unresolved problems are often causes of failed home placement.

**PROVIDES TRAINING** for caregivers and families to assist the patient.

**ASSISTANCE IN PLACEMENT** and/or upgrading home function.

## DISCHARGE OUTCOMES

Our records show 81.9% of our patients are discharged to their home or to a community setting.

## ADDITIONAL SUPPORT

Family accommodations can be made upon request.

## THE MISSION OF CONFLUENCE HEALTH

Our mission is to provide local care by and for our community.

## OUR ORGANIZATION

is also committed to assisting in the development of one of the nation's best rural health care delivery systems.

## CONFLUENCE HEALTH REHABILITATION CENTER

is proud to offer comprehensive medical rehabilitation services to the urban and rural communities of the Northwest.



For further program information or for a tour, please contact our:

Rehab Admissions Coordinator at:  
509.881.0509

You may fax referrals to:  
509.436.3073

# 2023

Confluence Health Hospital

Mares Campus

Rehabilitation Center

ANNUAL REPORT



Confluence Health Hospital |  
Mares Campus  
820 N. Chelan Ave.  
Wenatchee, WA 98801  
509.663.8711

**THE REHABILITATION CENTER** was established in Wenatchee in 1998 and the unit is licensed for 9 beds. In 2002, the Rehab Center was accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and has been recertified every 3 years thereafter. In 2014, the Rehabilitation Center became Stroke certified and is also a Trauma Level II Rehabilitation facility.

Other services of Confluence Health support the Rehabilitation Center. These services include the Walk-In Clinic, Medical/Surgical Unit, Surgery Center, X-ray, Laboratory, and Physician Specialty Clinic. Physical Therapy, Occupational Therapy and Speech Pathology all provide outpatient services in addition to inpatient services.

## INTERDISCIPLINARY TEAM

**AN INTERDISCIPLINARY TEAM** works in conjunction with the person served and their family to develop patient-centered care management programs. A highly trained team of health care professionals consisting of:

Physiatry	Dietitian
Physical Therapy	Pharmacist
Occupational Therapy	Social Services
Speech Therapy	Psychologist
Recreational Therapy	Other services
Rehabilitation Nursing	<i>(as needed to achieve optimum outcomes)</i>

*Persons with medical and/or physical impairments which limit their ability to function at home or in the community, at school, work, or play will benefit from participation in this specialized program.*

## PATIENT COMMENTS

“Every person was excellent in treatment, attitude, care, and attention to needs.”

“I think you need to have an extra box added to your questionnaire for exceptional. The services we received and observed were excellent.”

“You have a great team here and I’m happy I came here to begin my recovery. Everyone here made me feel important and hopeful. Strokes suck but having a place like this to come to for help makes a world of difference.”

## REHABILITATION SERVICES

**MEDICAL AND REHABILITATION CARE** is provided under the direction of a Physiatrist, which is a physician specializing in Physical Medicine and Rehabilitation. Certified Rehabilitation Registered Nurses provide on-going daily care. Specialized occupational, physical, recreational, and speech therapists provide client-centered evaluation and intervention to help patients achieve their goals.

### GENERAL REHABILITATION GOALS

- 1 Improve walking skills and transfers
- 2 Increase dressing and bathing independence
- 3 Improve bladder and bowel control
- 4 Increase problem-solving skills
- 5 Improve eating/swallowing function
- 6 Provide family/caregiver training

## TYPES OF PATIENTS SERVED IN 2023 PERCENTAGE OF CASES

- 63** Patients who have had a Stroke
- 4** Patients who have Neurological Conditions
- 14** Patients with Brain Injury
- 0** Patients with Orthopedic Condition
- 11** Patients with Spinal Cord Injury
- 4** Patients with Multiple Trauma
- 7** Patients who had Amputations
- 2** Other

**105** PATIENTS WERE ADMITTED TO OUR FACILITY DURING 2023

**81.9%** OF ADMISSIONS DISCHARGED TO A COMMUNITY SETTING

**13.3%** UNPLANNED PATIENT TRANSFER RATE (STATE: 6.8% NATION: 6.7%)

2023 TOTALS	PATIENTS WHO HAVE HAD A STROKE	PATIENTS WHO HAVE HAD AN AMPUTATION	PATIENTS WITH BRAIN INJURY	PATIENTS WITH SPINAL CORD INJURY
	No. Admitted	63	7	14
Average Age	69	70	62	57
Sex (M/F)	88.7/33.3%	71.4/28.6%	57.1/42.9%	100/0%
Phys. Therapy (min/day)	53	43	48	48
Occ. Therapy (min/day)	49	41	51	42
Speech Therapy (min/day)	48	8	43	17
Days stayed	14.3	9.1	11.2	11.7