

BENEFITS OF INPATIENT TREATMENT

DAILY ASSESSMENT of influences of medication upon condition and function.

AVAILABILITY of a variety of aids, assistive devices and equipment to demonstrate abilities.

PROVIDES family and caregiver with relief and new perspectives on patient management.

24-HOUR MONITORING of endurance, activity and behavior pattern by skilled personnel.

PATIENT RECEIVES at least 15 hours of therapies weekly in addition to nursing therapy (bowel and bladder training, skin management, medication management, and diet management).

FULL INTERDISCIPLINARY MEETINGS weekly to discuss specifics of treatment, progress and plans for each patient.

SKILLED, EXPERIENCED PERSONNEL to assist with problem solving in a controlled teaching environment. These unresolved problems are often causes of failed home placement.

PROVIDES TRAINING for caregivers and families to assist the patient.

ASSISTANCE IN PLACEMENT and/or upgrading home function.

DISCHARGE OUTCOMES

Our records show 81.9% of our patients are discharged to their home or to a community setting.

ADDITIONAL SUPPORT

Family accommodations can be made upon request.

THE MISSION OF CONFLUENCE HEALTH

Our mission is to provide local care by and for our community.

OUR VISION

To serve our community with compassionate care through our dedication to:

- Enabling joy and pride in our work.
- Focusing on local sustainability.
- Ensuring access for all.
- Committing to excellent care and service.

CONFLUENCE HEALTH REHABILITATION CENTER

is proud to offer comprehensive medical rehabilitation services to the urban and rural communities of the Northwest.



For further program information or for a tour, please contact our:

Rehab Admissions Coordinator at:
509.881.0509

You may fax referrals to:
509.436.3073



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Mares Campus
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Wenatchee, WA 98801
509.663.8711

2024

Confluence Health Hospital

Mares Campus

Rehabilitation
Center

ANNUAL
REPORT

THE REHABILITATION CENTER was established in Wenatchee in 1998 and the unit is licensed for 9 beds. In 2002, the Rehab Center was accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and has been recertified every 3 years thereafter. In 2014, the Rehabilitation Center became Stroke certified and is also a Trauma Level II Rehabilitation facility.

Other services of Confluence Health support the Rehabilitation Center. These services include the Walk-In Clinic, Medical/Surgical Unit, Surgery Center, X-ray, Laboratory, and Physician Specialty Clinic. Physical Therapy, Occupational Therapy and Speech Pathology all provide outpatient services in addition to inpatient services.

INTERDISCIPLINARY TEAM

AN INTERDISCIPLINARY TEAM works in conjunction with the person served and their family to develop patient-centered care management programs. A highly trained team of health care professionals consisting of:

- Physiatry
- Dietitian
- Physical Therapy
- Pharmacist
- Occupational Therapy
- Social Services
- Speech Therapy
- Psychologist
- Recreational Therapy
- Other services
- Rehabilitation Nursing
- (as needed to achieve optimum outcomes)

Persons with medical and/or physical impairments which limit their ability to function at home or in the community, at school, work, or play will benefit from participation in this specialized program.

PATIENT COMMENTS

“I experienced a real shocking thing and it was unexpected, but the care, treatment, therapy training and planning were so helpful- I feel ready to be at home with my wonderful husband and close by daughters for support. The nurses went an extra mile. I appreciate the careful planning of all the different therapists and doctors. I have healed well with everyone's outstanding and professional care. Thank you so much everyone.”

“I am very grateful to have a facility like this in my town. I believe my recovery is greatly impacted by the expertise and the full care and support of the staff here. This goes for all the staff in their respected fields from housekeeping to nursing to therapists, to kitchen staff to doctors and all others.”

REHABILITATION SERVICES

MEDICAL AND REHABILITATION CARE is provided under the direction of a Physiatrist, which is a physician specializing in Physical Medicine and Rehabilitation. Certified Rehabilitation Registered Nurses provide on-going daily care. Specialized occupational, physical, recreational, and speech therapists provide client-centered evaluation and intervention to help patients achieve their goals.

GENERAL REHABILITATION GOALS

- 1 Improve walking skills and transfers
- 2 Increase dressing and bathing independence
- 3 Improve bladder and bowel control
- 4 Increase problem-solving skills
- 5 Improve eating/swallowing function
- 6 Provide family/caregiver training

TYPES OF PATIENTS SERVED IN 2024
PERCENTAGE OF CASES

- 78 Patients who have had a Stroke
- 10 Patients who have Neurological Conditions
- 11 Patients with Brain Injury
- 2 Patients with Orthopedic Condition
- 7 Patients with Spinal Cord Injury
- 3 Patients with Multiple Trauma
- 6 Patients who had Amputations
- 18 Other

135 PATIENTS WERE ADMITTED TO OUR FACILITY DURING 2024

81.2% OF ADMISSIONS DISCHARGED TO A COMMUNITY SETTING

12% UNPLANNED PATIENT TRANSFER RATE (REGION: 7.1% NATION: 7.5%)

**2024
TOTALS**

| | PATIENTS WHO HAVE HAD A STROKE | PATIENTS WHO HAVE HAD AN AMPUTATION | PATIENTS WITH BRAIN INJURY | PATIENTS WITH SPINAL CORD INJURY |
|--------------------------|--------------------------------|-------------------------------------|----------------------------|----------------------------------|
| No. Admitted | 78 | 6 | 11 | 7 |
| Average Age | 69 | 70 | 62 | 57 |
| Sex (M/F) | 66.7/33.3% | 71.4/28.6% | 57.1/42.9% | 100/0% |
| Phys. Therapy (min/day) | 53 | 43 | 48 | 48 |
| Occ. Therapy (min/day) | 49 | 41 | 51 | 42 |
| Speech Therapy (min/day) | 46 | 8 | 43 | 17 |
| Days stayed | 14.3 | 9.1 | 11.2 | 11.7 |