

February 3 & 4, 2023

Wenatchee Convention Center
121 N Wenatchee Ave,
Wenatchee, WA 98801

Conference will be in person and option to stream on Zoom and if you can not make the dates, you can register for the accredited recording -14 AMA Category 1 Credits.

Accreditation



- ◆ **14 AMA PRA Category 1 Credits**™
- ◆ 14 MOC points for the ABIM MOC Program
- ◆ 14 AAFP Prescribed Credits pending
- ◆ Approved for a total of 4.5 NP Pharmacology hours. (Fri.-1.5 & Sat. - 3)
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ 14 equivalent CE credits for ANCC recertification
- ◆ 14 CE contact hours for the Washington State Board of Nursing.

Accommodations

Coast Weantchee Center Hotel (Connected to the venue)
Room -Single or Double: \$123
509-662-1234
Please indicate you are attending this conference

Questions

Diane Russo 509-989-9800
russocme@gmail.com

Melissa Neighbors 509-431-0718
russocme@gmail.com

Faculty Speakers

Paul Allen, MD
Board Cert: PM & R
Confluence Health
Wenatchee, WA

Brandon Child, DPM
Board Cert: Podiatric Surgery
Confluence Health
Wenatchee, WA

Steven Fowler, MD
Board Cert: PM & R
Confluence Health
Wenatchee, WA

David G. Greenhalgh, MD
Board Cert: General Surgery
and Critical Care
Shriners Children's Northern CA
Sacramento, CA

Mariko Harper, MD
Board Cert: Internal Medicine,
Subspecialty: Cardiovascular Disease
Virginia Mason Franciscan Health
Seattle, Lynwood & Federal Way WA

Katie Horan, MD
Board Cert: Internal Medicine,
Subspecialty in Pulmonary Medicine
and Critical Care Medicine
Virginia Mason Franciscan Health
Seattle and Federal Way, WA

Michal Hubka, MD
Board Cert: Thoracic Surgery
Virginia Mason Franciscan Health
Seattle, WA

Saba Lodhi, MD
Board Cert: Internal Medicine,
Pulmonary Medicine and
Critical Care Medicine
Confluence Health
Wenatchee, WA

Rachel Lundgren, MD
Board Certification: ABS
Confluence Health
Wenatchee, WA

Ronni Nemeth, Pharm.D, DPLAth
Board Certification: CACP
Confluence Health
Wenatchee Valley Medical Center
Wenatchee, WA

Christina Palmer, DO
Virginia Mason Franciscan Health
Seattle, WA

Yancy Seamans, MN BSN
Family Nurse Practitioner - ANCC
Confluence Health,
Department of Neurology
Wenatchee, WA

Michael Tuggy, MD
Board Certification: American
Academy of Family Physicians
Methow Valley Clinic
Winthrop, WA

Eric Varley, DO
Board Cert- Neurosurgery
Virginia Mason Franciscan Health
Federal Way, WA

* This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credit(s).

RussoCME.com

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Permit 28



700 S Main St
Moscow, ID 83843

Wenatchee Valley Medical Conference

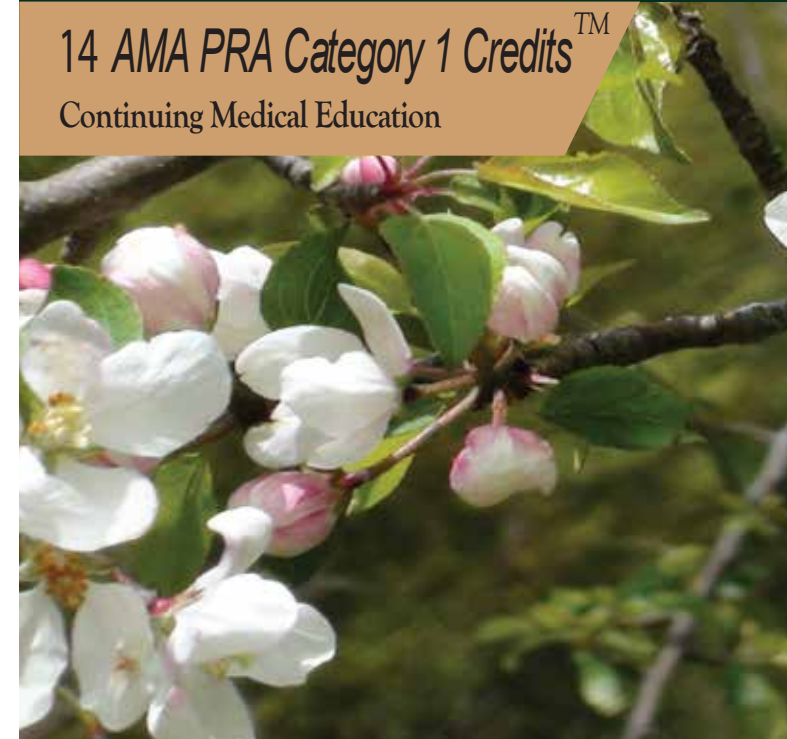
14 AMA PRA Category 1 Credits™
Continuing Medical Education



In Person in Wenatchee or
Stream live, or accredited recording

Wenatchee Valley Medical Conference

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February 3 & 4, 2023

Early Registration: January 6, 2023
Regular Registration: January 25, 2023
www.RussoCME.com

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Minimalist Approach to Spine Care**
Steven Fowler, MD
 - Passive treatments for spine care
 - Minimizing imaging, medication, and procedures
 - Treatment options that empower patients
- 9:00AM WA State Worker's Compensation**
Paul Allen, MD
 - New claim form for reporting an accident
 - Completing an activity prescription form (APF)
 - Confluence Health COHE of Central Washington
- 10:00 AM Break/Exhibits**
- 10:20AM PC in the Era of Value Based Payments**
Michael Tuggy, MD
 - Reimbursement models can impact the incentives of care delivery
 - Attributes of the advanced primary care model
 - Risk and population health management
- 11:20AM Hypertrophic Cardiomyopathy: A Current Review | Mariko Harper, MD**
 - Pathophysiology of HCM
 - Management of obstructive HCM, including the use of recently FDA approved cardiac myosin inhibitors
 - UHCM management including diagnosis/genetic testing, heart failure, and atrial fibrillation
- 12:20PM Lunch Break/Exhibits**
- 1:15 PM Bronchiectasis: What's New in an Old Disease**
Katie Horan, MD
 - Airway clearance devices and medications
 - Pathophysiologic contributions
 - New treatments
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Pediatric Burns**
David G. Greenhalgh, MD
 - Initial management
 - Prepare a burn patient for transfer
 - Management of burn wounds
- 3:30 PM Cervical Spine Injuries & Return to Activities**
Eric Varley, DO
 - Evaluation of activity related neck injuries
 - Current evidence or treatment options
 - Return to activity guidelines
- 4:30 PM Conference Adjourned**

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Shallow Clot - Not so Superficial Anymore!**
Rachel Lundgren, MD
 - Lower extremity venous anatomy and anticoagulation
 - Guidelines for Treatment
 - When to refer to vascular Surgery
- 9:00AM Ten Top Reasons My Feet Hurt**
Brandon Child, MPD
 - Diagnose common foot problems
 - Educate patients about their foot problems
 - Recommended screening exams & schedules
- 10:00 AM Break/Exhibits**
- 10:20AM Don't Take My Breath Away. Prevention and Screening of Lung Cancer**
Saba Lodhi, MD
 - Health impact of lung cancer related morbidity and mortality
 - Role of screening
 - Mitigating risk factors
- 11:20AM Reversal and Treatment for DOAC-Related Bleeding | Ronni Nemeth, Pharm.D, DPLA**
 - DOAC's and the indications for use
 - MDA, efficacy, and clinical indications for DOAC reversal agents
 - Anticoagulation reversal plan for a patient on a DOAC
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM Urinary Incontinence in Geriatric Patients**
Christina Palmer, DO
 - Types of urinary incontinence
 - Work-up of geriatric patients with incontinence
 - Therapeutic options for treatment
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM GERD and Paraesophageal Hernias**
Misho Hubka, MD
 - Esophagogastric junction anatomy and pathology
 - Anatomic treatment of GERD
 - Pathology and treatment of paraesophageal hernias
- 3:30 PM Prevention and Treatment of Migraine**
Yancy Seamans, MN BSN
 - CGRP antagonists for migraine prevention
 - Newer options for acute treatment of migraine
 - Utilizing drugs off label for migraine
- 4:30 PM Conference Ends**

✉ Complete and mail in the attached registration form or

🖱 Register online at www.russocme.com

- **Early Registration** must be post marked by January 6, 2023
- **Regular Registration** must be post marked by January 25, 2023
- **Day of Registration** available. Additional \$20 for registration day of or postmarked after January 25.

Cancellations: All cancellations need to be emailed to Melissa at russocme@gmail.com on or before January 30th. There will be a \$50 administration fee withheld. Cancellations between January 31st and February 2nd : You can send someone in your place or transfer to another conference with+in 12 months. Course is planned to be recorded and accredited, option to view course later. No refunds once the conference begins.

Educational Support



Spring Conferences

Yakima Valley Medical Conference March 10 & 11

Tri-Cities Pain Conference April 21 & 22

Question & Registration: WWW.RUSSOCME.COM

Conference Objectives:

- Discuss new insights into the diagnosis, management & treatment of various diseases in patients.

Please print legibly. Receipts will be e-mailed.

Name: _____

Degree: _____ Specialty: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Clinic Name: _____

Clinic City: _____

Day of registration available. An Additional \$20 will be charged if post marked after January 25th.

Regular Registration Due: January 25, 2023

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$415	\$390	\$265
Friday Only	\$275	\$245	\$175
Saturday Only	\$275	\$245	\$175

*PT, DC, OD, PharmD, ND, Other **Students \$75 a day

Early Registration Due: January 6, 2023

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$400	\$375	\$250
Friday Only	\$260	\$230	\$160
Saturday Only	\$260	\$230	\$160

Please make checks payable to RussoCME
Mail completed form with your check to:

Melissa Neighbors
PO Box 1773
Eastsound, WA 98245