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Wenatchee Cardiac Symposium

14 AMA PRA Category 1 Credits™
Continuing Medical Education



Early Registration
Savings! Jan. 10, 2020

Cardiac Symposium Wenatchee, WA

14 AMA PRA Category 1 Credits™
Continuing Medical Education



February 7 & 8, 2020
Wenatchee, WA

Regular Registration: January 29, 2020
www.RussoCME.com

Wenatchee Cardiac Symposium

February 7 & 8, 2020

Wenatchee Convention Center
201 N Wenatchee Ave
Wenatchee, WA

Accreditation



- ◆ **14 AMA PRA Category 1 Credits™**
- ◆ 14 MOC points for the ABIM MOC Program
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ Approved for a total of 5 NP Pharmacology hours. (Fri.-2 & Sat. - 3)
- ◆ Approved by Washington State Board of Pharmacy for 14 Pharmacist CE Hours.
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ 14 equivalent CE credits for ANCC recertification
- ◆ 14 CE contact hours for the Washington State Board of Nursing.

Accommodations

Attendees are responsible for reserving rooms. The following prices have been quoted for conference attendees.

- ◆ Coast Wenatchee Center Hotel
- \$119 - Single/Double
Phone: (509) 662-1234

Questions

General Questions:
Diane Russo 509-989-9800 russocme1@gmail.com
Accreditation and Registration Questions:
Melissa Neighbors 509-431-0718 russocme@gmail.com

Faculty Speakers

Katie Bates, DNP
Board Cert: Cardiovascular Disease,
Nuclear Cardiology, Internal Medicine
Confluence Health
Seattle, WA

Jonathan Bolles, MD, FACC
Board Cert: Cardiovascular
Disease/Nuclear Cardiology
Confluence Health
Wenatchee, WA

Christopher Fellows, MD
Board Cert: Cardiology
Virginia Mason Medical Center
Seattle, WA

Wayne Hwang, MD
Board Cert: Cardiology and
Interventional Cardiology
Virginia Mason Medical Center
Seattle, WA

Felix Krainski, MD
Board Cert: Internal Medicine
and Cardiology
Confluence Health
Wenatchee, WA

Roy Lin, MD
Board Cert: Internal Medicine,
Cardiovascular disease, Cardiac CT
Angiography Training, Level II,
Echocardiography, Nuclear Cardiology
Confluence Health
Wenatchee, WA

Kathleen Love, MD
Board Cert: Cardiovascular Disease
Confluence Health
Omak, WA

Liam Morris, MD
Board Cert: Cardiovascular Disease,
Nuclear Cardiology, Internal Medicine
Confluence Health
Seattle, WA

Catherine Miele, MD
Board Cert: Pulmonology
Virginia Mason Medical Center
Seattle, WA

Gautam Nayak, MD, FACC,
Board Cert: Cardiovascular
Disease, Internal Medicine,
Nuclear Cardiology, and
Adult Echocardiography
Confluence Health Cardiology
Wenatchee, WA

Matthew Newman, MD
Board Cert: Nuclear Cardiology
and Cardiovascular Disease
Confluence Health
Wenatchee, WA

Joel Rhyner, PA-C, MS
Confluence Health
Cardiovascular Department
Wenatchee, WA

Keena Taylor, CCRP
Certified Cardiac Rehab Professional
Exercise Physiologist
Confluence Health
Wenatchee, WA

Samuel Youssef, MD
Board Cert: Thoracic Surgery
Swedish Cardiac Surgery
Seattle, WA

*This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credit(s).

Online CME Courses

- ◆ Over 150 Accredited Courses Available
\$150/year for access to all courses

MorningCME.com

From Virginia Mason & UW Medicine

Please print legibly. Receipts will be e-mailed.

Name: _____

Degree: _____ Specialty: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Clinic Name: _____

Clinic City: _____

Walk in registration available. An Additional \$20 will be charged if post marked after Jan 29, 2020.

Regular Registration Due: Jan. 29, 2020			
Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$405	\$380	\$255
Friday Only	\$265	\$235	\$165
Saturday Only	\$265	\$235	\$165

*PT, DC, OD, PharmD, ND, Other **Students \$75 a day

Early Registration Due: Jan 10, 2020			
Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$390	\$365	\$240
Friday Only	\$250	\$220	\$150
Saturday Only	\$250	\$220	\$150

**Please make checks payable to RussoCME
Mail completed form with your check to:**

**Melissa Neighbors
225 NW Thomas Street
Pullman, WA 99163**

For ABIM Physicians wanting to earn MOC points

ABIM # _____ Birthdate: _____

- ✉ Complete and mail in the attached registration form or
- 🖱 Register online at www.russocme.com

- **Early Registration** must be post marked by January 10, 2020
- **Regular Registration** must be post marked by January 29, 2020
- **Walk-in Registration** available. Additional \$20 for registration at the door or postmarked after January 29th.

Cancellations: All cancellations need to be emailed to Melissa at russocme@gmail.com on or before January 31, 2019. There will be a \$50 administration fee withheld. Cancellations between February 1-6: You can send someone in your place or transfer to another conference with in 12 months with an added \$50 transfer fee. No refunds once the conference begins.



Spring Conferences

Registration & information are at russocme.com

Neurovascular Summit	March 6
Yakima Valley Medical Conference	March 13 & 14
South Puget Sound Conference	April 17 & 18
Tri-Cities Pain Conference	May 15 & 16
Lewiston Medical Conference	May 29 & 30

Conference Objectives:

- Discuss new insights into the management of patients with cardiovascular disease
- Identify evolving strategies & discuss lifestyle trends and prevention in cardiovascular disease.

- 7:30 AM Registration/Exhibits**
- 7:50 AM Introduction**
- 8:00 AM**
- Aortic Aneurysms and Aortic Emergencies**
Samuel Youssef, MD
- Guidelines for monitoring and elective intervention prior to the condition becoming an emergency.
 - Emergency room management
 - Surgical reconstruction and management of aortic dissection
- 9:00 AM**
- Atrial Fibrillation (AF) Detection in Cryptogenic Stroke** | **Felix Krainski, MD**
- Identify patients for AF detection
 - Short, medium and long-term monitoring tools
 - Monitoring and its impact on AF management strategies
- 10:00 AM Break/Exhibits**
- 10:20 AM**
- Stress Testing** | **Katie Bates, DNP**
- Indications and Determining the Best Test
 - Stress test procedures and management of results
- 11:20 AM**
- Hypertension** | **Kathleen Love, MD**
- Diagnosis
 - Basic Management
 - When to refer
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM**
- Air Pollution and Cardiopulmonary Disease: A HOT Topic before Fire Season** | **Catherine Miele, MD**
- Global cardiovascular disease burden related to air pollution
 - Largest pollution related threats
 - Interventions and future steps
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM**
- Valvular Heart Disease** | **Jonathan Bolles, MD, FACC**
- Describe pathophysiology
 - Imaging and indications for intervention/surgery for common valve disorders
- 3:30 PM**
- Current Approaches to Atrial Fibrillation**
Roy Lin, MD
- Diagnosis and risk factor management • Guideline updates
 - Individualizing care
 - Role of rhythm, rate and ablation
- 4:30 PM Conference Ends**

- 7:30 AM Registration/Exhibits**
- 7:50 AM Introduction**
- 8:00 AM**
- Lipid Management 2020: Evidence Based & Patient Centered Approach to the Treatment of Cardiovascular Risk** | **Joel Rhyner, PA-C, MS**
- Identify Patients with ASCVD- High & Low risk features
 - Risk Assessment and Risk Reduction strategies
 - Coronary Artery Calcium Score: How, Who & When to Use
- 9:00 AM**
- Beyond A1C: Treating Diabetes to Optimally Reduce Cardiovascular Risk** | **Gautam Nayak, MD**
- Cardiovascular effects of diabetes
 - Newer diabetes therapies reduce cardiovascular events
 - Non-pharmacologic therapies
- 10:00 AM Break/Exhibits**
- 10:20 AM**
- Aortic Stenosis and TAVR** | **Wayne Hwang, MD**
- Who are candidates
 - Differences between SAVR and TAVR
 - Monitoring patients after TAVR
- 11:20 AM**
- Nutrition and Cardiovascular Disease**
Matthew Newman, MD
- 2013 American Heart Association guidelines on lifestyle management to reduce cardiovascular risk
 - Different dietary approaches to cardiovascular health
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM**
- Syncope** | **Christopher Fellows, MD**
- Know common causes
 - Describe differential diagnosis of Syncope
 - Know common Pit Falls
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM**
- Medical Therapy after MI/PCI**
Liam Morris, MD, FACC
- Dual Anti – Platelet Therapy
 - Triple Therapy – It's relevance
 - Medical Therapy for Acute Coronary Syndrome
- 3:30 PM**
- Cardiac Rehabilitation** | **Keena Taylor, CCRP**
- Overview of program
 - Qualifying diagnoses/Referral process
- 4:30 PM Conference Adjourned**

