

# DOC

# talks

**“Vitality and Lifestyle  
Medicine”**

**Aug. 22<sup>nd</sup>**

Often overlooked, come explore the dramatic impact certain lifestyle habits can have on your overall health and vitality.

**Thursday at Noon - Lunch Included  
No Need to RSVP**

**In the Miller Street Conference Room**

1000 North Miller Street • Wenatchee, WA 98801

For more information about DOC Talks please visit:  
[confluencehealth.org/doctalks](http://confluencehealth.org/doctalks)



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**Have Questions?**

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