

# DOC

# talks

## “Heart 101”

Feb. 20<sup>th</sup>

What is “heart disease”? Understanding risk factors for blocked arteries. Identifying possible risk factors and basic strategies for risk reduction. Knowing the signs of a heart attack and how they often do not look like the “Hollywood heart attack” you’ve seen on TV. Reviewing the basics of therapies offered.

**Wednesday at Noon - Lunch Included  
In the Miller Street Conference Room**

1000 North Miller Street • Wenatchee, WA 98801

For more information about DOC Talks please visit:  
[confluencehealth.org/doctalks](http://confluencehealth.org/doctalks)



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**Have Questions?**

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