

DOC

talks

The Myths Behind Popular Diets

July 18th

Have you ever been curious about the diet information you see online, on the covers of magazines, or the hottest diets your friends have bragged about? Come learn the myths behind popular diets while learning what makes a healthy diet from a nutrition expert!

**Wednesday at Noon - Lunch Included
In the Miller Street Conference Room**

1000 North Miller Street • Wenatchee, WA 98801

For more information about DOC Talks please visit:
confluencehealth.org/doctalks



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Have Questions?

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