Pleated Face Mask with Fabric Ear Loops

Materials to Make One Face Mask:

- 8” x 8” Single Layer SteriDrape (Blue or White Side)
- Two 1” by 12” strips of soft t-shirt material
- Two Plastic Pony Beads
- One garbage bag twist tie approximately 5”
- Scissors, Thread
- Pleat Template

Instructions:

1. Fold top edge of material down ½”. With ruler along top edge, mark 2” in from each side.
2. Stitch seam to 2” mark. Break thread. Stitch from second mark to opposite side.
3. Turn bottom edge of mask up 1/4” and stitch in place.
4. Align pleat template starting from top side of the mask. Fold template and fabric from bottom up.
5. Stitch pleats in place starting from right upper corner to right lower corner 1/8” from side. Flip mask over and repeat on other side.
6. Fold t-shirt material in half to create ½” edging for mask. Stitch in to place on each side of mask.
7. Open pocket along top folded edge of mask. Insert twist tie ensuring it is centered. Sew in place.
8. Poke each end of t-shirt ear loop through one pony bead and pull through to create an adjustable ear loop.
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Template for Pleated Face Mask

Top Front
LARGE

1.5
.6
1.2
.6
1.2
.6
1.2

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