

**Confluence Health General Surgery Referral Guidelines**

Adrenal Masses (Endocrine): ..... 1  
Colon/ Rectal/ Anal Cancer: ..... 1  
Esophageal Cancer: ..... 1  
Gastric Cancer: ..... 1  
GERD: ..... 1  
Hemorrhoids: ..... 2  
Hiatal Hernia: ..... 2  
Pancreatic Cancer: ..... 2  
Temporal Artery Biopsies: ..... 2

**Adrenal Masses (Endocrine):**

- ◆ Patient must be referred to Endocrinology and see them prior to being scheduled with a surgeon.

**Colon/ Rectal/ Anal Cancer:**

- ◆ Staging CT Chest/ Abdomen/Pelvis must be scheduled prior to scheduling consultation with surgeon. Consultation to take place after imaging has been completed.

**Esophageal Cancer:**

- ◆ Staging CT Chest/ Abdomen/Pelvis must be scheduled prior to scheduling consultation with surgeon. Consultation to take place after imaging has been completed.

**Gastric Cancer:**

- ◆ Staging CT Chest/ Abdomen/Pelvis must be scheduled prior to scheduling consultation with surgeon. Consultation to take place after imaging has been completed.

**GERD:**

**Required Imaging & Testing for Gerd Referrals prior to Surgeon seeing:**

**\*\*If referred by the Emergency Department- needs to see PCP first and have the testing ordered.**

- ◆ Recent EGD or Esophagram (within last 2 years), Bravo pH, manometry

## Hemorrhoids:

**Things that need to be completed prior to the patient seeing a General Surgeon. The patient will first be scheduled with one of our General Surgeons PA or ARNP.**

- ◆ Internal rectal exam
- ◆ Try using 20-40 grams of fiber daily
- ◆ Drink 40 oz non caffeinated beverages daily
- ◆ If still constipated, try taking Miralax 1 capful per day.
- ◆ Spend 5 minutes or less on the toilet.

## Hiatal Hernia:

**Required Imaging for Hiatal Hernia Referrals prior to Surgeon seeing:**

**\*\*If referred by the Emergency Department- needs to see PCP first and have the testing ordered.**

- ◆ Recent EGD or Esophagram (within last 2 years)

## Pancreatic Cancer:

- ◆ Staging CT Chest/ Abdomen/Pelvis must be scheduled prior to scheduling consultation with surgeon. Consultation to take place after imaging has been completed.

## Temporal Artery Biopsies:

- ◆ Ultrasound exam is required to rule- out temporal arteritis and a biopsy will only be done if the ultrasound exam is equivocal or if a doctor-to-doctor call is completed.
- ❖ To order the ultrasound: The Vascular Order is VAS114 \*Giant Cell Arteritis Temporal\* (call the Vascular Call Center to schedule at x 33850 or 509-433-3850.

Provider Decision Support

Updated 5/2024 by Gregory Lammert MD

