

**REFERRAL GUIDELINES: NUTRITION SERVICES**

Medicare Patients..... 1  
 Molina Patients ..... 1  
 DEPARTMENT CONTACTS: ..... 1

LAST REVIEWED: 9/05/2025 LAURA FICKER

Use **REF50 – Ambulatory Referral to Nutrition Services** for general outpatient Nutrition Services.

If referring for BMI or obesity, please **include both diagnosis codes** to help ensure coverage.

**MEDICARE PATIENTS**

- Referrals **must** come from an MD or DO
- When referring for diabetes, place both REF50 for nutrition education and REF20 – AMB Referral for Diabetes Education

**MOLINA PATIENTS**

- Patients 20 yrs and under referred for weight loss must have an obesity diagnosis class 1 or higher (BMI 30 or higher) for insurance to cover nutrition appointments.
- Patients 21 yrs and over referred for weight loss must have a BMI diagnosis of 30 or higher (obesity class 1 or higher) for insurance to cover nutrition appointments.

---

**DEPARTMENT CONTACTS:**

Nutrition and Diabetes Education Services Outpatient Scheduling, Central Campus: (ext. 33327):

Phone: (509) 433-3327

Fax: (509) 433-3167

Manager (ext. 33162): Laura Ficker